

# Is there a God?

## The answer according to Alpha



*by Alpha's editor and channel*

Is there a God? Which answer are you hoping for? We have a lot of anxiety and other emotions tied up with our thoughts about whether God exists.

### **You might like this version of God**

Alpha claims that there is a God (in fact he speaks as if he *is* God), but he also claims that a lot of our beliefs and worries about God are based on false notions.

Hopefully we can put your mind at rest on a number of points.

### **God only exists if you open up**



You could argue that, the way your soul works, God doesn't really exist until you discover him for yourself. If you open yourself to love and inspiration, God can eventually communicate with you. A whole dimension of mystical experiences can become available to you. This is indeed what happened to me over the years, without any belief in God. I gradually opened up my aura, and the spiritual world gradually became evident to me (you can [read about it in my book](#)). If you don't open your soul in this way, you might never notice any evidence of God.

## **It doesn't matter if you don't believe**

At any rate, Alpha claims that you don't have to worry about believing in God. In fact, God understands that it's pretty silly to believe in God without any personal evidence. According to Alpha, God doesn't pressure you to believe in him, and doesn't punish you for not believing in him. You don't have to have any special beliefs, rituals or other tricks to avoid going to hell.

Alpha claims that your experience at death will depend on how easy you



find it to assimilate into the consciousness of heaven. If you have a strong channel of love and inspiration, you will easily adapt. If your aura is closed and you do not resonate with love and inspiration, then you are already in a dark place and that's where you will start in the afterlife.

## **God doesn't want you to chase converts**



Alpha speaks with distaste about people who try to force their beliefs about God on other people. He discourages us from being conceited about our beliefs or taking pride in our level of spiritual advancement, and urges us not to compete with each other about our beliefs. He says that people who are close to God feel a burning desire to pass on this joy and teach others, but this doesn't mean that you should be aiming to get converts, or that you should try to persuade other people to take on your beliefs. You simply share your understanding because it wells up inside you with pleasure. If someone's not interested in hearing it, you might as well keep your mouth shut.

## **There's no deadline**

Alpha has a constant confidence that the truth exists no matter how many people believe in

it. Like the law of gravity, spiritual law does not need converts. He is also confident that there is a deep thirst for God inside each person, which will eventually draw each person close to God. He is not at all worried about there being a deadline. Your journey towards God can continue after your death.

### **Alpha describes a likeable God**

Alpha's portrayal of God has quite a different flavour to the portraits of God which I came across in the past – either in the Christian church, or among psychics and healers, or among atheist and agnostic scientists. The portrait is different on a number of points.



### **You won't find objective proof in miracles**

Firstly, Alpha disagrees with the idea that if God exists, you would know it by

miracles. Alpha suggests that physical miracles are indeed possible, but the conditions under which they occur are so rare, they are not worth relying on as a source of faith or comfort. You might as well forget about them and accept the world as you see it.

### **Your inner life can become miraculous**

On the other hand, opening yourself to love and inspiration can lead you to a world of mystical and transcendental experiences. When I channel Alpha, the room is full of a tingling atmosphere which other people sometimes detect. I often feel transported and comforted, and blessed with gifts of peaceful vibes. From time to time I receive knowledge about the future, or hear words of



advice on practical issues, or feel lifted out of my body before a bad experience. None of this can be

proven, and most of it is inside me. In this way, I have a life full of internal “miracles”, which are far more frequent than many religious people would expect. God has proven himself to me, and has shown me a constant enthusiasm to talk to me and support me, at a level far more personal than I ever expected.

### **God has personality**



Alpha chides us for thinking that God should be any less warm or relatable than we are. He points out that our mental concepts of God are often far too simplistic or sterile compared with the real personality of God. God is complex, sentimental, reflective, capable of spontaneity and a wicked sense of humour, while at the same time being incredibly thorough in his capacity to love and to be

aware of what is shown to him. In short, the intelligence of God has many of the same qualities as our own inner life. And why shouldn't it? Presumably our intelligence and God's intelligence feature the same creative principles.

### **God doesn't stick to blind rules**

Another way in which we tend to misrepresent God is by assuming he is a bit of a robot in the way he thinks. Sure, he is reliable in the way he processes love, but his intelligence displays great flexibility in problem solving. He is not keen on rules which are applied blindly across all situations. We need to look at our problems on a case-by-case basis and seek inspiration on each occasion. In the case of conflict between people, for example, sometimes God might inspire passivity, while at other times inspire





assertiveness. It depends on the particular situation, and that's why it is so important to keep your connection with God current, rather than just drawing on something he has said in the past.

### **God is not obsessed with good behaviour**



Another important feature of God is that he is not obsessed with good behaviour. He is much more concerned with keeping an open channel with you than having you worry about choosing appropriate behaviours on your own. If you have an open channel with God you will naturally be imbued with gentleness, love, and a fair way of looking at the world. On the other hand, if you try to make your own decisions about how to be a good person, you might lack inspiration and just behave according to a formula. Doing good deeds

according to a formula is not the best way to distribute the resonate love of God.

### **God's love is limited by your channel**

You might worry that if your behaviour is not good enough, God will be displeased. This idea is false. God does not judge you for your nature as a human being. He gets great



pleasure from having a channel with you, through which he would love to offer you guidance, but

you are not obliged to behave in a particular way to earn his love. The only condition is that if you open your aura to love, you can receive it. If you close your channel, for whatever reason, you will miss out on the gifts of love that are available.

### **Don't trust manipulative beliefs**

You should be suspicious of any beliefs which try to get you to behave in a particular

way. To me, they sound too much like the tricks which parents and school teachers resort to when



they are trying to get the behaviour they want. “If you do this, you’ll be rewarded/punished.” It’s human nature to want to guide (or manipulate) people in this way, but I would be suspicious of anyone who claims that God works in this way too.

### **God’s love is different from human love**

God’s love is not quite like the love shared between humans. When a human loves you, you feel safer and more popular. When you feel God’s love, the feeling is more ethereal. It won’t necessarily make you feel safe or popular. But God’s love will make you feel more real, uplifted, transcendent and whole. God’s love comes with an increase in the ability to see things the way they really are,

and it comes with a kind of natural logic which is very moral. Over time, as you receive more and more of God's vibes, you develop in your understanding and morality, and in your conviction about the home of your soul.

### **So what am I supposed to do?**

The first thing I would suggest is that you stop worrying about what you believe. Even if you already believe in God, stop worrying about it! You don't have to have blind faith in God. Instead, simply try the experiment of opening your aura to love and inspiration.

### **How to open yourself**



The goal is to learn to relax, empty your mind, and raise your mood to the loveliest mood you can imagine (softness, silence and uplift). If

you practise this over time (for example, over weeks and months), you will notice changes in your demeanour, and eventually you will learn how to get into states of mind which you truly love and enjoy.

### **Keep going!**

You will learn how to get into clearer and sweeter states of mind. Watch out for tricks of how to keep your mind relaxed even when it wants to jump around. Eventually your openness will spring a leak between your aura and the light of God. A process of building a pipeline between the two of you has begun. It's a long and gradual process, but it is rewarding at every stage.

Remember –  
Softness, silence and uplift!

