

ALPHA'S PAGE

LOVE

This is a sample

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Other books in the series:

Alpha's Page: Destiny

Alpha's Page: Diplomacia

Alpha's Page: Enlightenment

Alpha's Page: Healing

Alpha's Page: Natural Order

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An introduction to Alpha's Page: Love

by the editor and channel

This book is a collection of Alpha's writings dealing predominantly with the topic of love, written between 2006 and 2013. My understanding of love comes not only through Alpha's writings but through the atmosphere which Alpha brings when I channel him at meetings. Surrounded by a group of people, Alpha is excited to tell everyone how glad he is to see them and how much he cares about what is happening in each person's life. He usually takes some time to give a kind of blessing, in the form of a particularly sweet atmosphere (during which I cannot form words), and often it feels like he has given us a metaphysical hug or kiss.

When he comes to meetings in this way, I keep wondering why Alpha bothers with so much sweet-talk, and why he takes time to say he cares about individuals. Doesn't he know there are billions of us? And yet I can feel in his presence that he has an inexhaustible delight for each person, which could well extend to every person on the planet.

Alpha's easy-going personality penetrates me when I am channelling him. He takes away all of my concern that we should be *striving* to love. He describes love as something which is out there, ready to be tapped, rather than something that we should be trying to emulate. He wants us to open ourselves to loveliness and receive good vibes, which will naturally flow into

our behaviour. Changing our behaviour is not the primary goal. The primary goal is simply to connect with the love, to acknowledge our drive to be closer to God. Behaviour will be affected but it is not judged.

Across several writings, Alpha explains why we have difficulty tuning into, and feeling, the love of God. Partly it is because we are trying to hide many of our emotions. We keep a lid on ourselves which makes it difficult for God to access us. Partly, we have difficulty perceiving love because we have not trained ourselves to feel the relevant signals. We can learn to notice love just like we learnt to read, one stroke at a time.

In several writings, not all included here, Alpha attempts to explain how love is involved in the structure of the universe. He hints at a kind of pattern which pervades all things. It is a pattern of relationships (or in other words, a relationship among relationships), which applies to everything from the structure of matter to the nature of humanity. Presumably it is a pattern which is so complex and interwoven that it has not yet been spotted by human observers. I keep an open mind about this theory. It could help to explain why, every now and then, people including myself report having an experience in which all matter seems to alter and vibrate with love.

Back to everyday reality, Alpha has some practical suggestions about fair ways of thinking, attitudes to material goods, and the needs of children. In one particularly wordy message, Alpha points out that your spiritual development should be approached gently because your body doesn't like rapid change. In another message, Alpha offers advice about conflict,

suggesting that God is flexible about whether force should be used for self-defence. He concludes that you really need to check with God about your particular situation.

My favourite message of all is *Alpha's Desiderata*, which summarises his major themes. It was the last message I channelled before starting to compile Alpha's books. It is with great pleasure that I present it here, in the beginning of the first book, as a signpost to the many satisfying ideas to be found in the rest of Alpha's writings.

May you truly enjoy love as you wander through this book.

Ed.

1. Alpha's Desiderata

"Do not hide a single fault or tension from him [God]. The more darkness you reveal to him the better."

I am trying to teach everyone that one philosophy is adequate for every day of your life. You do not need to know what the day will hold. You do not need to know what is going to happen next week or next year. You do not even need to know if there is life after death. One formula fits all.

Live each day as if God was right inside you. Open yourself entirely to his vision. Do not hide a single fault or tension from him. The more darkness you reveal to him the better. Take it for granted that he sees you clearly and accepts you entirely. He does not judge anyone or anything; he sees all as natural and feels accountable for all. Open yourself to his advice and his gifts of joyful energy. Do not assume that you have to solve or prove anything on your own. Nor should you anticipate taking credit for how your day turns out. Be willing to relinquish both your personal control and personal glory in order to receive greater love, wisdom and efficacy. It is a trade-off that is well worthwhile.

Know that, whatever happens during the day, there is enough time for you to hear the whispers of God that aim to guide you. Know that you are never

alone in solving any problem. Be patient for the whispers and gifts. As long as you are open, you will hear them when you need them.

Do not vex yourself about being good at loving other people. As long as you open yourself to God, all love and appropriate moral behaviour will follow. Remember that attunement to God comes bound up with certain truths. If you do not accept these truths, you will find it hard to open to God and to receive his love. But on the other hand, if you try to open yourself to God with all your heart, his truths will come to you and gradually take you over.

His truths include a lack of judgment of all people. You must see other people and their behaviour as natural, and the result of natural competition between different propensities and astral beings. You must not tighten up against darkness, but be willing to perceive and release it. You must acknowledge what you do but not hold yourself guilty for it. You must accept that there will always be diversity and destruction, no matter that it causes pain to humans. You must realise that your pain is finite and need only involve your body. Your soul is safe and the truth does not change just because you are hurting. You must realise that the love, comfort and inspiration of God is always forthcoming, but miracles are rare. Open, always open yourself, and the consequences will be so profound that you will never feel the need for a miracle.

Realise that the love of God does not feel quite the same as the love shared between humans. The love of God is more metaphysical, more energising, more

full of wisdom on a particulate level, and less comforting to the ego. The love of God is liberating and unconditional. It does not demand a response. It permeates all things, as evidenced in a particular relational pattern among all things, which is evidenced also in you and your behaviour, especially – in its purest form – when you are attuned to God. This then is your bliss.

Yours, shamelessly and forever,

α

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