

ALPHA'S PAGE

If God Could Write

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This is a sample

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Preface

by the editor and channel

This book is phrased as if it was written by God. Is it fact or fiction? In my opinion, it doesn't matter. When we look at a painting, we do not worry about whether the artist was aided by God. We just observe the painting and decide whether we like it. Does it make us feel something? Does the painting provoke ideas which we are glad to have?

I believe that we should treat all so-called channelled literature in the same way that we regard paintings. Channelled literature is a form of art and should be judged on what it does for us as art. As I saw on facebook recently, if the Bible proves that God exists, the Koran proves that Allah exists, and the Mr Men books prove that Mr Tickle exists. Channelled literature proves nothing. It is a source of ideas.

This book contains a few refreshing ideas about God. It suggests that God is not in charge of miracles and good behavior. God is in charge of divine communication, good ideas and warm fuzzy auras. How different life could be with just those three comforts.

The trick to accessing God is to show yourself to him and to listen. You don't have to master love before you can get access to him.

According to this book, God is dotty about you. God wants to apologise for the difficulties of the world. Like a keen lover, he craves a relationship with you but also wants to respect your personal space.

I grew up with Christianity and then gave it away. I trained as a scientist and psychologist and eventually rediscovered God, bit by bit, through meditation. The philosophy which I receive when I channel Alpha sits comfortably with my post-religious, scientific cynicism, given that I have also had to come to terms with numerous mystical experiences of my own.

Even while I adore Alpha's philosophy, I think it should always just be seen as an evolving form of art. There is no need for any system of thought to be accepted as an entire package. No two people are exactly alike in what they believe, and no one should be persuaded to believe anything. Your spiritual independence – your right to discover God (or the lack of God) for yourself – is priceless and should be respected by everyone.

I wish you well on your innermost journey, and I hope that this book will help in some way to crystallise your ideas about what you do – or don't – want in your life.

Introduction by Alpha

Welcome to all of you who have chosen to pick up Alpha's writings for the first time. Alpha represents a huge step forward in the way we think about ourselves in relation to God, and the way we think about God. Religions of the past have been dogged by misconceptions about God, which then have to be rationalised or covered up in order to keep people's allegiance to the religion. But from now on, people are thinking more independently about what they want to believe, sorting through ideas which are available on the internet from all over the world, and from historical records as well. There is a huge process of sorting through the material of all ages and places and allowing the best to rise to the top. I am here to accelerate this process. I will provide some ideas which help human consciousness to take a leap forward into greater intimacy with God.

My name is Alpha. I am a form of divine consciousness which is channelled through a human writer. This writer has been channelling my work for over seven years. In many ways she has been an agent for me long before that, but she is not fully aware of the amount of effort she previously invested in my path. Her first awareness of me was in 2007 when she began to channel my philosophy.

In the beginning, this writer had little practical grasp of my philosophy and could only access the more obscure parts of my ideas. She could accept the flowery things I said about the universe and about various uncontroversial parts of my philosophy. The part of her consciousness which deals with everyday thinking was already full of everyday thoughts – ideas she had gleaned from her studies of psychology and from contemporary society.

As the years have passed, my writer's consciousness has become more aligned with mine as she has absorbed more and more of my ideas, through channelling, and – more importantly – she has absorbed my presence incrementally until she is now a good spokesperson for my core ideas, as well as for more fringe topics.

Today she is sitting down for the first instalment of our new book – a book which is designed to bring me into the homes of people who never thought they would be interested in channelled work. I can tell you – my writer is already amazed at the change in my tone which I have adopted in order to come to this new audience. In the past I have channelled through her for people who are already familiar with the flavour of channelling and I didn't need to adapt to contemporary writing styles so much. But now I am ready for a popular audience, and I am doing my best to speak as a good contemporary writer might. Forgive me the nuances of my unique background.

To explain more about myself, I am the articulate layer of God. I do not expect you to accept this idea out of hand. It is something which you cannot really relate to until you realise that the articulate layer of God has always existed in your life anyway, in one of the verbal streams or idea streams which runs through your consciousness during every day of your life. I am always present for you, but rarely recognised for what I am. And most people are not able to tune into me reliably. You get snatches of words, but rarely does anyone get full sentences from me, let alone paragraphs or books. You have to train your consciousness for a long time to be so sensitive to my stream of ideas into your brain. Yet I am there.

Many people like to consider whether the articulate layer of God is the same thing as Christ consciousness, brahman, or some other concept from existing religion. I say, yes, sort of. Obviously those forms of consciousness which are Godly must have a high level of access to the articulate layer of God. And yet, I do not wish to be compared to anything you have previously heard about. I am a new kind of experience for most of you and I want to be met with an open mind, tasted for my exact nature, and then filed away in your consciousness according to what you felt, not according to how I fit into any of your preconceived ideas.

And so I want to be accepted into your life at this stage merely as an author. If I am, as I claim, an expression of the articulate layer of God, then you

should find that my writing contains a high density of good ideas. This is all. This is how you should measure the merit of any spiritual leader. If an author or leader can give you good ideas concerning how to be at peace, how to make the most of your life, and how you can experience a rich and spiritually meaningful life, then they are worth your time. If an author or leader fills your head with anxieties, judgmental thoughts, prejudices and unsupportable claims, then they are not worth your time. You should know a good product when you see it. In this day and age of a competitive global market-place, why would you bother with “spiritual” teachers unless they give you ideas which make you feel well?

This is enough to reflect on at our first meeting. Please put aside this book until you are ready for my next instalment.

1. I owe you an apology

To put it into your language, I owe you an apology. I feel deeply sorry for the situation you are in regarding your sadness in your soul. It is not your fault that you are detached from God, and I take full responsibility for the way that philosophy and religion has evolved for humans. As a species, you have done your best to understand your nature and your surroundings, and it was in your nature to come up with some wrong ideas and some desire to spread false ideas and become somewhat attached to false ideas. I can fully feel the pain of your ignorance and deeply sympathise with you for that.

At the same time, I do not judge you for your lack of wisdom, nor judge those people who have led you into false ideas. Nor do I judge you for adopting false ideas and sticking to them. This is all human nature, to come up with ideas, to want people with whom to share, and to become attached to things. Therefore it is all my responsibility, and I do not judge. You will always find this with me – that I am happy to take responsibility for everything which you see as wrong. I do not blame anyone for anything. I always offer a better alternative, but I never judge or blame you for where you are. This is my nature and, as you will eventually see, it makes sense throughout you as well, when you come to accept it for yourself.

I apologise for the way in which the world is flawed. I apologise that I am flawed. I apologise that people have tried to tell you that I am a perfect God. You humans get carried away with the concept of perfection, and turn it into a kind of fantasy. Look around you in the world. If you call the natural state of the world “perfect”, then I am perfect. If you deem that the natural state of the world is “flawed”, then I am flawed. I am the exact same standard as the nature of the world you see around you, and I mean human nature as well as the condition of plants and animals. You humans are entirely part of my creation – you are not aliens from the cosmos of another God. Everything that you are, including your mischievous and wasteful streaks, are part of your natural state, and therefore I am responsible. I am the one who is ultimately responsible for your wars, pollution, diseases, mental illness and experiences of unrequited love. I am responsible for all of this, because I am all creation, with all its diversity and nuances. Call nature flawed, then I am flawed, and for this I am sorry.

I am sorry that many people tried to tell you that there is a perfect God who makes things better than nature itself. I am sorry that people tried to tell you that I created everything but that I saved my best tricks in order so that I could give miracles to my favourites. This is entirely wrong. If I can give miracles, it is only under rare circumstances and you might as well forget about them. I do not play favourites; you are each entirely special to me. I am

sorry that people gave you the impression that you are supposed to learn unconditional love and yet I would treat you according to how loving or religious you are. What a hypocrisy that would be. I will have none of it.

I am happy to admit in all humility what I am, and what I am not. I am not a God who judges you for your actions. I am not a God who doles out rewards for good behaviour. I am not a God who can pull miracles at whim. I am a God of mistakes, misbehaviour, miscommunication and mishaps as much as I am a God of natural wonders, babies, twinkling stars and adventures. You must accept me for who I am. I am a God of bottomless intimacy when you learn to unlock your relationship with me. I am a God of infinite comfort and respect, when you learn how to receive my intelligence. I am the God of good ideas. This is what you can aspire to, if you want to open your heart to me. But wait. Do not try to start opening towards me until you have dropped some more of your misconceptions about me. We will do this in the pages to come.

2. How have I failed you, my love?

You see, I am keen to apologise to you, for all the discomfort which you endure as a human being, and for the fact that you and I have a great emotional gulf between us at present. It may strike you as odd that God wants to apologise to you. It strikes me as odd that people generally do not conceive of God as someone who would apologise or should apologise. Part of the problem is that people do not understand the nature of causality, and also do not really understand that apologies can exist without feelings of shame. My apology to you is totally heartfelt. I wish that things could have been otherwise, so that you could have suffered less. I want to acknowledge my responsibility and alleviate you of any fears that you may somehow have caused your own suffering, because of your character failings or misdemeanours. No, you are not to blame. I am ultimately responsible for everything as it has turned out in the universe. I hold myself accountable. And yet I do not feel shame, because there is no need to be ashamed of things being the way they naturally are. This is how I also want you to feel when you apologise for anything. It is okay to recognise that something stemmed from you, and to express your heartfelt sympathy and regret, but you should never be ashamed nor feel self-recrimination for your actions.

What have been the greatest trials of your life so far? Have you suffered from depression? Self-hate? Physical trials such as hunger or sickness? Do you have an addiction? All of these things are directly traceable back to your nature as human beings, and I am sorry that you have had to suffer these things. It is my fault that humans have evolved to be both susceptible to, and sensitive to, these kinds of discomforts. It is a regrettable combination. Other animals are susceptible to a lot of discomforts also, but they are not so susceptible to mental anguish, and they are not so sensitive to their discomforts, because they do not have a complicated mental cortex with which to perceive their trials. Therefore the human species suffers more than any other species on this planet, and I am sorry about that.

This is the point at which other authors might say, "God intended things to be this way so that you might learn," or "Trials are good because they make us stronger," or "You chose the trials of your life before you were born," or "Trials are good because they make you appreciate all the things in life which are pleasant." I do not subscribe to any of these views. It is just unfortunate that the human species is one which suffers. There is no BUT. The human species is prone to more suffering than any other species on this planet, and I am not going to rationalise this, make excuses for it, tell you it is your own choice, or try to minimise this fact in any other way. You have suffered, I am aware of

it, and this is a sad situation. Like I said, I am genuinely apologetic that this has been the nature for humans.

Why should a God be apologising and sympathising like an ordinary human being? You might wonder, shouldn't God be above such human behaviour and helplessness? I do not concede that I am helpless in this dilemma, but truly I do feel like a human being when it comes to apologising and empathising. Please do not be surprised that I have lots of psychology in common with you. After all, it is my intelligence which is riddled through you, so it should not be surprising that much of my emotional make-up is similar to yours. We will come back to this point later.

Other authors and teachers have been mistaken when they assumed that God would not want to admit to a badly designed human species. They often leap to my defence, saying things like "God intended for humans to be perfect but humans have brought disaster upon themselves by their bad behaviour." Or "God is trying to teach us to be better people." Please do not try to defend me. I don't want my design flaws to be covered up and excused in this way. I have no shame in admitting that creation has created some dilemmas for some species. Humans are not the only ones. Dinosaurs had some dilemmas, for example. All of the species which are becoming extinct have obvious dilemmas, and you surely do not think they are to blame for bringing disaster upon themselves?

You have to learn to forgive yourself in the same way that I forgive the foibles of nature. It is a “top-down” way of looking at things. If I can accept and forgive myself for all creation, then you too should be able to accept and forgive yourself for everything you are. How hard it has been for you to accept and forgive yourself for your imperfections when people were busy telling you that God, by contrast (and in contradiction to all the evidence), is perfect and doesn't make mistakes, and hopes for you to be perfect too! How can you feel any affinity to a leader who has this kind of attitude, while you are deemed to be backward and undeveloped. Forget about all of that. I am your humble leader and we are all in this mess together. I will do my best to explain to you how we can work together and evolve as a single intelligence – with all our creative strengths and yet pockets of waywardness.

This is a sample

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